

## Christmas appeal

## Our food bank



- Provides emergency food and practical support to local people at crisis point.
- Works with local partners to get people the right help and support, so they're less likely to need the foodbank again.
- Is part of a UK-wide community of food banks, working together with the Trussell Trust to ensure no one needs a food bank to survive.

Please consider those who might be struggling on your shop today by donating an item or two from the list.



## Shopping list

Tinned meat/fish

Tinned veg/fruit

Tinned soups

Tinned tomatoes

Instant coffee/Tea bags

Milk (UHT)

Fruit juice (long-life)

Tinned rice pudding

Jam

Biscuits/ snack bars

Instant mash

Rice/Pasta

Pot noodles



@WrexhamFoodbank



@WrexhamFoodbank



@wrexhamfoodbank

wrexham.foodbank.org.uk

Registered Charity in England & Wales (1162262)